

# Longevity Counselor / Nutrition Specialist / Exercise Specialist

Nutrition, health or exercise specialist / specialist for preventive medicine in the Zug region in the field of Longevity, performance and nutrition.

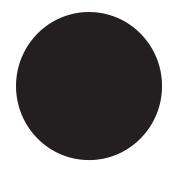
Freelancer base (initially 10–20% with the possibility of further increase over time), entry Q1 2024

### About sweet skin

At the beginning of 2022, we built the most modern dermatology center in Switzerland with a vision for more. Founded by an interdisciplinary team with a comprehensive range of services in classical, surgical and aesthetic medicine. We have state-of-the-art infrastructure as well as a certified operating theatre (OP1). Almost two years after our founding, we are enjoying very solid growth in addition to our popularity with patients.

As an extension of the offering, we are building an independent innovative company in the field of modern preventive health and longevity, which we will launch at the beginning of 2024.

There is a revolution underway in personal health care, away from 'getting sick' and towards staying healthy. We want to actively promote this and enable everyone to adopt a self-determined and healthy lifestyle and to achieve measurable and tangible success.



Our goal is to simplify access to this revolution by using state-ofthe-art diagnostic procedures and technology to filter out the most effective interventions for each individual and translate them into an actionable and measurable path to a new lifestyle.

Such a concept is unique in Europe for a medically driven group of companies and will enable our customers to proactively take control of their health and well-being and measure progress.

This vision grabs you and you would like to help build a completely new and highly exciting offering as a sister company of sweet skin in cooperation with our team of doctors and the founders of sweet skin?

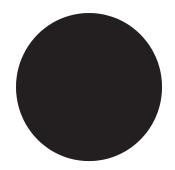
Then become part of our team and contribute your expertise and personality to establishing proactive health as the new standard!

### What you'll do

- Analysis and discussion of modern genetic and epigentic tests as well as conventional analysis methods in interdisciplinary exchange with the medical team and the customers
- Development of a targeted, individualized nutrition and supplementation concept based on state-of-the-art diagnostics
- Identification of current training status / current athletic condition
- Development or adaptation of athletic training with regard to performance and longevity
- Regular face-to-face or virtual coaching sessions with clients to implement, support and review the real-life adaptation
- Exchange in the network with leading experts from various areas of life to implement the goals of the customers

### Your profile

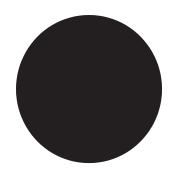
 Recognized degree in nutrition, sports, preventive medicine or a related field



- Extensive experience in conducting individual nutritional analyses and developing tailor-made nutrition plans
- Strong empathy and communication skills in dealing with customers and the team
- You are already living yourself, which you bring closer to our customers in the areas of nutrition, sports and a healthy lifestyle
- Familiarity with the latest research results and trends in the field of nutrition, nutritional supplements and exercise, especially with regard to the topic of healthy ageing / longevity
- You are interested in long-term cooperation with us and in building an exciting new company
- Well-groomed appearance and very good manners
- Independent, responsible way of working with a high level of organizational skills and an affinity for processes
- Fluent in German and English
- Local flexibility customer support at the Baar location, at the customer's site and online

### What we offer

- Innovative company and team with visions for more
- State-of-the-art infrastructure: state-of-the-art premises, design-oriented approach, science-based tools and treatments
- Young, dynamic team with high social intelligence ("we do care for each other")
- We are constantly educating ourselves and passing on knowledge in order to offer our patients the best offer
- Exciting, varied work in a young, fast-growing company
- Exciting clients with unique backgrounds and goals in an international region
- Close collaboration within the team and with physicians to achieve the best possible outcome for each individual client
- Contribute your own ideas for the continuous improvement/expansion of our services
- Competitive salary on a freelance basis
- Attractive working conditions and flexible working models



 The own use of our innovative range of services both in the area of longevity and in our clinic

Do you feel addressed? Then we look forward to hearing from you!